



*"Your Complete Caterer"*



*San Fernando, Trinidad, W.I.*

Tel: 868-652-6226; 665-1822

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*"Your Complete Caterer"*

*"Tis the Season to have an Event to Remember"*

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## **CHRISTMAS MENUS 2018**

### *Menu 1*

#### **Main Course**

##### **Chicken in Lemon Sauce**

Chicken pieces roasted and drenched in a Lemon Sauce

##### **Brown Sugar Glazed**

Ham Baked Ham slices rubbed with brown sugar spice.

##### **Choice of Rice**

Christmas Rice, Vegetable Fried Rice, Herb Rice, Veg Paella

##### **Noodles with Sweet Peppers**

Fine noodles cooked with Sweet peppers and other seasonings.

##### **Pastelle (Beef/ Chicken/Veg)**

Trini corn mixture stuffed with Spiced meat.

##### **Sautéed Garlic Beans (vegan)**

##### **Winter Christmas Salad**

A combination of lettuce, red and white cabbage, cucumbers, topped with apples and grapes served with International Caterers poppy seed dressing

#### **DESSERTS**

**The above Menus will include a choice of two (2) of the following Dessert. (one per person)**

Fruit Trifle, Black Forest Cake, Chocolate Mocha Cake, Frosted Vanilla with Fruit Coulis, Red Velvet Squares, Pineapple Ice box, Coconut or Strawberry Mousse Cups, Light Fruit Cake.

**Home Made Ice cream is available for guest serving of 100 and above. Dessert Buffet available upon request.**

**PLEASE EMAIL FOR PRICE**



## Menu 2

### Main Course

#### **Hawaiian Pineapple Chicken**

Chicken pieces roasted and drenched in our signature pineapple sauce.

#### **Hakka Pepper Fish / Sweet & Sour Fish**

Fish fillets deep fried and tossed in any of the above selection sauces, topped with fresh chives and ginger.

#### **Brown Sugar Glazed**

Ham Baked Ham slices rubbed with brown sugar spice.

#### **Choice of Rice**

Christmas Rice or Vegetable Fried Rice

#### **Schezuan Vegetables**

Garden Fresh Mixture of Broccoli, Cauliflower, carrots, Mushroom and Cabbage, sautéed in our Hakka style sauces, cooked to perfection.

#### **Asian Sesame Potatoes**

Asian Potatoes tossed with toasted sesame seeds, fresh chives, cilantro and garlic.

#### **Pastelle (Beef/ Chicken/Veg)**

Trini corn mixture stuffed with Spiced meat.

#### **Sweet & Sour Tofu (vegan)**

#### **Sautéed Garlic Beans (vegan)**

#### **Winter Christmas Salad**

A combination of lettuce, red and white cabbage, cucumbers, topped with apples and grapes served with International Caterers poppy seed dressing

### DESSERTS

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## *Menu 3*

### **Main Course**

#### **Gai Pahd Kieng ( Thai Ginger Chicken)**

Chicken roasted and stir fried with ginger, black fungus, scallions and oyster sauce.

#### **Thai Sweet and Sour Fish**

Fish fillets drenched in Thai Sweet and Sour with pickled vegetables.

#### **Brown Sugar Glazed Ham**

Baked Ham slices rubbed with brown sugar spice.

#### **Pineapple Fried Rice**

Rice sautéed with Fresh chives, garlic, Pineapple and Thai spice.

#### **Pahd Ruom (Chunky Vegetables)**

Broccoli, baby corn, carrots, cauliflower, mushroom, green peppers sautéed in a garlic sauce.

#### **Sesame Potatoes**

Potatoes stir fried with sesame seeds, and chili oil.

#### **Pastelle (Beef/ Chicken/Veg)**

Trini corn mixture stuffed with Spiced meat.

#### **Lemon Coconut Peas (vegan)**

#### **Spicy Soya ( vegan)**

#### **Winter Christmas Salad**

A combination of lettuce, red and white cabbage, cucumbers, topped with apples and grapes served with International Caterers poppy seed dressing

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## Menu 4

### Main Course

#### **Marmalade Glazed Grilled Chicken Breast**

Chicken steaks grilled and glazed with marmalade jus.

#### **Hakka Pepper Fish**

Fish fillets fried and stir fried in a chili oil with green peppers and onions.

#### **Rosemary Lamb**

Lamb baked with fresh rosemary and topped with an apple and cherry pickle.

#### **Brown Sugar Glazed Ham**

Baked Ham slices rubbed with brown sugar spice.

#### **Choice of Rice**

Christmas Rice, Vegetable Fried Rice, Herb Rice, Veg Paella

#### **Paprika Oven Roast Potatoes**

Potato wedges tossed in a paprika oil and baked until tender.

#### **Sautéed Spaghetti and Vegetables**

Chef's choice vegetables sautéed with pasta and Italian herbs, topped with fresh parsley.

#### **Pastelle( Chicken/Beef/Veg)**

#### **Tomato Soya (veg)**

#### **Breaded Eggplant (veg)**

#### **Winter Christmas Salad**

A combination of lettuce, red and white cabbage, cucumbers, topped with apples and grapes served with International Caterers poppy seed dressing.

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## *Menu 5*

### **Main Course**

#### **Indo Curried Chicken**

Chicken pieces cooked with curry and local seasoning

OR

#### **Trini Stew Chicken**

Chicken pieces stewed with local seasonings.

#### **Curry Goat**

Goat pieces cooked with local seasoning.

#### **Brown Sugar Glazed Ham**

Baked Ham slices rubbed with brown sugar spice.

#### **Channa and Potato**

Channa and Potato cooked with a light curry with local herbs.

#### **Pumpkin**

Pumpkin cooked with local seasonings

#### **Dhal & White Rice**

#### **Amchar**

Mango pieces cooked with Amchar Masala and Hot pepper.

#### **Pastelle ( Beef/Chicken/Veg)**

#### **Curried Tofu with Soya (vegan)**

#### **Gobhi Masala ( vegan)**

#### **Paratha Roti**

#### **Mother – in- law**

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**PLEASE REQUEST FOR PRICING**



## Menu 6

### Main Course

#### **Chicken in Mushroom Cream**

Roasted Thyme Chicken, topped with a mushroom cream sauce.

#### **Holiday Roast Pork**

Pork pieces oven roasted with a cinnamon rub, with onions and apples.

#### **Shrimp Arrabiata**

Shrimp cooked in a Spicy Italian Sauce with garlic and chilies.

#### **Fish Provençale**

French style Lightly breaded fish fillets, topped with butter roasted Vegetable assortment.

#### **Brown Sugar Glazed Ham**

Baked Ham slices rubbed with brown sugar spice.

#### **Choice of Rice**

Christmas Rice, Vegetable Fried Rice, Herb Rice, Veg Paella.

#### **Chunky Country Potatoes**

English Country style potatoes roasted with onions and leeks

#### **English Roasted Vegetables**

Carrots, Broccoli, Cauliflower, roasted with fresh garlic.

#### **Pastelle ( Beef/ Chicken/ Veg)**

#### **Tofu with Veg (vegan)**

#### **Bean Medley (vegan)**

#### **Winter Christmas Salad**

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(Connoisseur Service)



## Menu 7

### **Main Course**

#### **Stuffed Chicken Breast**

Chicken breasts stuffed with Christmas stuffing, baked and topped with jus.

#### **Coffee Crusted Beef**

Beef rump crusted with a coffee mixture, baked and sliced.

#### **Lemon & Capers Poached Fish**

Fish fillets poached with fresh lemon and capers.

#### **Brown Sugar Glazed Ham**

Baked Ham slices rubbed with brown sugar spice.

#### **Choice of Rice**

Christmas Rice, Vegetable Fried Rice, Herb Rice, Veg Paella.

#### **Vegetable & Potato Casserole**

Assorted vegetables and potatoes baked in a cheese sauce.

#### **White Bean and Mushroom**

Stew Lima beans and mushrooms oven roasted with fresh herbs.

#### **Pastelle (Chicken/Beef / Veg)**

#### **Sweet & Sour Tofu (veg)**

#### **Corn Pie (veg)**

#### **Winter Christmas Salad**

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Red Velvet Squares, Pineapple Ice box, Coconut or Strawberry Mousse Cups, Light Fruit  
Cake.

Home Made Ice cream is available for guest serving of 100 and above. Dessert Buffet  
available upon request.

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(Connoisseur Service)



**OTHER MENUS AVAILABLE AS PER CLIENT'S DINNER THEME**

**GOURMET COCKTAILS MENU**

**ITALIAN MENU**

**GOURMET MENU SELECTIONS**

**CHRISTMAS DESSERT BAR MENU**

**CHRISTMAS DRINK COCKTAILS**

**FULL CHRISTMAS MENU SELECTIONS**





**THE ABOVE MENU PRICES ARE INCLUSIVE OF FULL SERVICE THEY CAN BE ALTERED TO SUIT YOUR EVENT.**

**PRICES AND MENUS ARE SUBJECT TO CHANGE BASED ON YOUR BUDGET.**

**ADDITIONAL**

Ham  
Turkey

**DRINKS**

Fruit Punch  
Home-made Sorrel

**HOR D'OEUVRES WITH MENUS**

Meatballs with Herb BBQ Sauce, Tuna/ Cheese filled bouchees, Samosa, Sahina with Dip, Vegetable Pie, Beef Pie, Chicken Pie, Chicken Pie, Accra with Chutney, Cheese/ Tuna Puffs, Breaded Eggplant Slices, Plantain Fritters, Chicken / Veg Kebabs, , Potato Croquettes with Sweet & Sour Sauce, Jam filled strudels.

**HEALTH AND VEGAN MENUS AVAILABLE UPON REQUEST**

**FULL HORS D'OEUVRES MENU AVAILABLE UPON REQUEST**

Specialized Cuisine Menus Can also be tailored to the following:

- Mexican Food
- Italian
- French Cuisine
- Caribbean
- American
- Thai
- Authentic Indian



These MENUS are some of the choices of what we offer at International Caterers, we are willing to arrange MENUS that you will prefer and also to meet your Budget.

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**SUPPLIES:** Plates \* Cutlery \* Food Warmers\* Staff\* Dressed Buffet Table\* Water Goblets.  
**Breakage Fee for Glasses-** \$200.00 ( refundable after event, if no breakage or missing pieces)

**BAR SERVICES:** Bar Staff and Menus are available upon request.

**CO-ORDINATING:** Enquire for more information. We provide a professional service for your function. From ushering to event planning.

**SERVICES:** International Caterers will coordinate your events to perfection. Your Function is our primary Concern, we will set the Tables upon request, welcome your guests. Dinner / Lunch will be served Buffet Style while Dessert will be served at the Table.

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**TERMS OF PAYMENT:** 20% deposit on confirmation, the balance, before the day of the function. 10% service charge and 12.5% VAT to be added.

Our options are open, to suit any choice of Menu, that you may prefer to satisfy your needs.

**Thanking You for choosing International Caterers**

***“Where Great Taste Begins”***

Respectfully,

Ms. Sarah Nangoo  
Manager  
International Caterers Ltd,

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